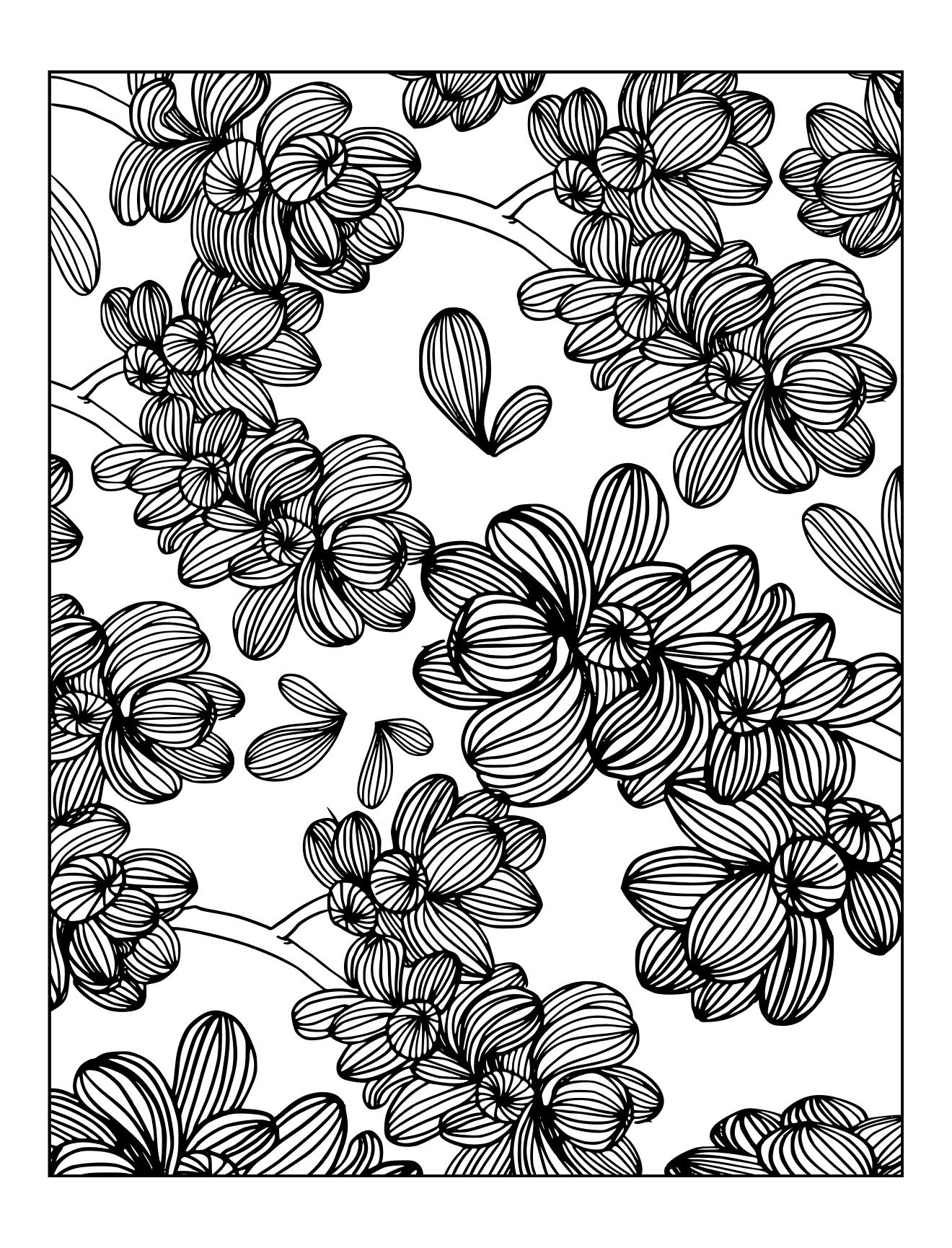
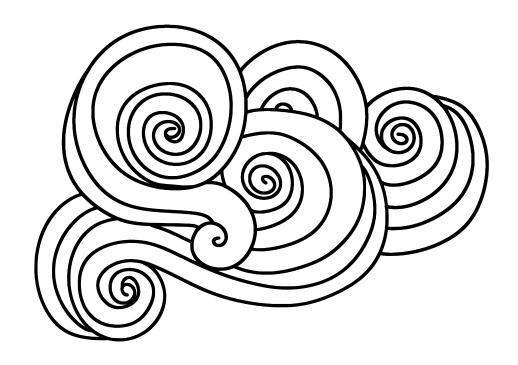
# COLORING PEACE



PERGAMINO PUBLISHING

## Welcome to Pergamino Publishing!





### Paint Your Spirit with Joy

Coloring isn't just an art; it's a retreat for the soul. With every stroke, you quiet the noise of the world, turning a page of patterns into a canvas of peace. It's where colors heal, spirits lift, and the higher self whispers. Welcome to your sanctuary in hues. Let's color your way to tranquility.

### **Share Your Masterpiece!**

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### Connect with Pergamino!

Connect with us through support@pergaminopublishing.com. Feel free to contact us with any concerns and suggestions!

And Find us on Instagram!

@pergaminocoloring



### Tip & Tricks for Coloring!

#### \*\*Tip #1: Embrace the Light Touch\*\*

Start with gentle pressure to build up layers. This technique gives you more control and allows you to blend colors seamlessly for a more dynamic and textured look.

#### \*\*Tip #2: Direction Matters\*\*

Color with the shape you're filling in. If it's a petal, color in the direction the petal grows. This small detail adds to the realism and depth of your artwork.

#### \*\*Tip #3: Layer and Blend\*\*

Build up colors gradually. Start with light layers and gradually increase the pressure or amount of pigment to achieve the desired intensity. Use blending stumps or blending markers if you're working with pencils or alcohol markers, respectively.

#### \*\*Tip #4: Experiment with Textures\*\*

Different shading techniques can add texture to your work. Try cross-hatching, stippling, or back-and-forth shading to give different parts of the image a unique feel.

#### \*\*Tip #5: Create Your Own Color Palette\*\*

Don't feel bound by what you think an object should look like. A sky can be pink, a tree can be purple — your imagination is the only limit.

#### \*\*Tip #6: Embrace the Color Wheel\*\*

Familiarize yourself with the color wheel to understand complementary and contrasting colors. This knowledge can help you create more dynamic and visually appealing pieces.

#### \*\*Tip #7: Highlight and Shade\*\*

Use lighter shades to highlight and darker shades to add depth. This contrast is what makes your images pop off the page. Pay attention to where the light source is coming from in the image.

#### \*\*Tip #8: Relax and Enjoy\*\*

Remember, there are no mistakes in art, only unique creations. Let your stress melt away with each stroke of color.

### Tip & Tricks for Coloring!

#### \*\*Tip #9: Paper Quality Matters\*\*

If you're serious about your coloring, you might want to consider the paper quality of the coloring book. Thicker pages are less likely to bleed through and can handle a variety of mediums, including markers and watercolors.

#### **\*\*Tip #10: Take Breaks\*\***

Don't rush your work. Coloring is a relaxing activity, so take your time and enjoy the process. If you feel yourself getting tense, take a break. Your hands and eyes will thank you.

#### \*\*Tip #11: Mix Media\*\*

Don't be afraid to mix coloring mediums. Colored pencils can lay down a nice base for watercolor, and ink outlines can make your colors pop. Just be sure your paper can handle it.

#### \*\*Tip #12: Stay Sharp\*\*

Keep your pencils sharp for fine details. A good quality sharpener is a must-have in your coloring arsenal.

#### \*\*Tip #13: Protect Your Work\*\*

Place a piece of paper under the page you are coloring to prevent any bleed-through or indentation marks on the following pages.

#### \*\*Tip #14: Be Bold with Backgrounds\*\*

Don't be afraid to fill in the background with a bold color or gradient. It can make the primary subject stand out and give your coloring a finished look.

#### \*\*Tip #15: Practice Mindfulness\*\*

Use coloring as a form of meditation. Focus on the process, the feel of the pencil on paper, and the colors unfolding before you. Let the act of coloring anchor you in the present moment.

#### \*\*Tip #16: No Mistakes, Only Opportunities\*\*

If you go outside the lines or choose a color you don't like, don't worry. Every perceived mistake is an opportunity to get creative and make something uniquely yours.

#### \*\*Tip #17: Enjoy the Process!\*\*

Remember, the goal of adult coloring is not just to finish a page but to enjoy each moment of the process and express your creativity. Happy coloring!

